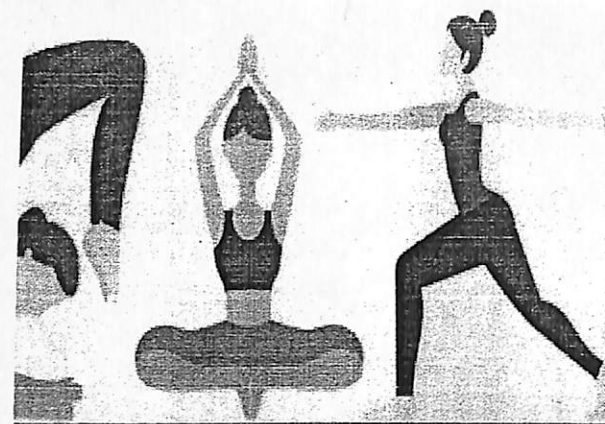




S.K.E. SOCIETY'S

# R.P.D. COLLEGE OF ARTS & COMMERCE, BELAGAVI

Department of Physical Education & Sports

## ADMISSION OPEN for Certificate Course in YOGA STUDIES

Duration : 1 Year

Min. Qualification : SSLC

Class Timing : Weekly 3 Days - 5 pm to 7 pm

Students studying in PUC & Degree, Employees & Housewife's can also take Admission

FULL VENTILATED

SEPARATE

**KRIYA &  
YOGA HALL**

For detail Information contact

Ph. 0831-2485079

Co-ordinator - 9986108369

**Qualified and  
Experienced Staff  
(Ladies & Gents)**

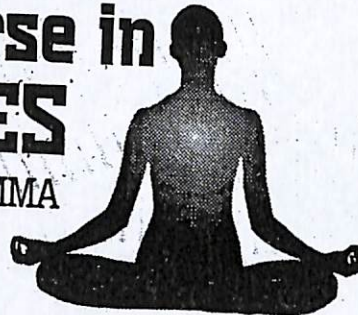


S.K.E. SOCIETY'S  
**R.P.D. COLLEGE OF ARTS  
& COMMERCE, BELAGAVI**  
Department of Physical Education & Sports

**ADMISSION OPEN for**

**Certificate Course in  
YOGA STUDIES**

(AFFILIATED TO RANI CHANNAMMA  
UNIVERSITY, BELAGAVI)



**! Duration : 1 Year**

**! Min. Qualification : SSLC**

**! Class Timing : Weekly 3 Days - 5 pm to 7 pm**

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**WELL VENTILATED SEPARATE KRIYA & YOGA HALL**

**Qualified and Experienced Staff (Ladies & Gents)**



**For detail Information contact**

**Ph. 0831-2485079**

**Co-ordinator - 9986108369**

*Sulhi*

PRINCIPAL

R.P.D. College of Arts & Commerce  
BELAGAVI-5

S. K. E. SOCIETY'S  
**RANI PARVATI DEVI COLLEGE OF ARTS & COMMERCE,**  
**TILAKWADI, BELAGAVI-590 006**



Accredited at 'A' Grade (3.27 CGPA) by NAAC

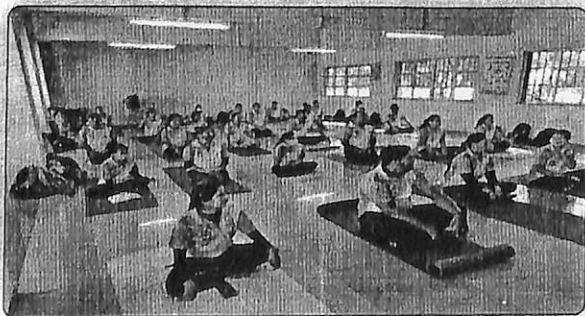
**CERTIFICATE COURSE IN YOGA STADIES**

(Affiliated to Rani Channamma University, Belagavi)



**YOGA COURSE SYLLABUS**

1. Application Form : Application form may be obtained from the College Office  
Contact : 0831-2485079 (Between 9.00 a.m. and 11.00 a.m.)
2. Eligibility Qualification : Minimum 10th Pass
3. Age Limit : No Age Limit
4. Attendance : Minimum 75% attendance is compulsory
5. Yoga Kit : College will provide - T-Shirt, Jal Neti Pot, Sutraneti and Journal.
6. Students should bring : Yoga Mat, Water Bottle



*Suhin*



Marks: 100

Duration: 3hrs/week

**Unit-I: Introduction to Yoga**

- 1.1 Meaning and definitions of Yoga.
- 1.2 Misconceptions of Yoga
- 1.3 Origin, history and development of yoga
- 1.4 Important schools of Yoga—karma, jnana, bhakti and arya- astangaika marga of buddhist.

**Unit-II Yogic Practices for Common Man**

- 2.1 Rules and regulations to be followed by a yoga practitioner.
- 2.2 Nature, types and significance of meditation.
- 2.3 Relevance of yoga in modern life

**Unit—III: Hatha — Yoga and its Practices**

- 1.1 Meaning, nature and aim of Hatha-Yoga.
- 1.2 Rules and regulation to be followed by Hath-yoga practitioner.
- 1.3 Technique and utility of Hatha Yoga practices: such as Asanas, Pranayamas, Kriyas, Bhandhas and Mudras etc..
- 1.4 Shat-chakras, their nature and importance in Hatha-Yoga

**Unit—IV: Essence of Patanjali Yoga**

- 3.1 Nature and introduction of Patanjali's Yoga-Sutra.
- 3.2 Concept of Citta-bhoomi, Citta-vrutti, Citta-Vrutti Nirodhopaya.
- 3.3 Astanga Yoga : Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana and Samadhi.

**Unit - V Philosophical Foundations of Yoga**

- 1.1 Introduction to Indian Philosophy.
- 1.2 Concepts of Soul and Moksha in important Indian philosophical systems (early Buddhist, Upanisadic, Advaita, Vishistadvaita, and Dvaita).
- 1.3 Theory of Karma and Rebirth.

**Books for Reference**

- Swami Rama : Lectures on Yoga (The Himalaya International Yoga Institute, Pennsylvania, 1979)
- Joshi K. S.: Yoga in Daily Life (Orient Paper Backs, New Delhi, 1985)
- Ajithkumar: Yoga Pravesh (Kannada) (Rastrothana sahitya, Bangalore, 1990)
- Swami Digambaraji : Hatha Pradipika (Kaivalyadhama, Lonavala, 1982)
- Swami Digambarji & Gharote, M.L. : Gheranda Samhit (Kaivalyadhama, Lonavla, 1978)
- Naikar C.S.: Ghatashthayoga (Kannad)(Media Publisher, Dharwad, 1977)
- Naikar C.S.: Hatha Yoga Pradeepika (Kannada) (Media Publishers, Dharwad, 2001)
- Burley, Mikel : Hatha Yoga, its Context Theory and practice (M.L.B.D. Delhi, 2000)
- Karambelkar, P.V.: Patanjalis Yoga Sutra (English) (Kaivalyadhama, Lonavala, 1989)
- Stépphen Sturges: The Yoga Book (Motilal Banarsidass, Delhi, 2004)
- Swami Adidevananda : Patanjala Yoga Darshan (Kannada) (Ramakrishna Math, Bangalore)
- Nadiger K.G. : Patajala Yogasara (Kannada)
- Karel Werner: Yoga and Indian Philosophy ((Motilal Banarsidas, Delhi, 1979)
- Swami Prabhavananda: Spiritual Heritage of India (English) Bharatiya Adhyatmika Parampare (Kannada) (Shri Ramkrishna Math, Madras, 2004)
- Kunhan Raja: Some Fundamental Problem in Indian Philosophy (Pub : Motila Banarsidass, 1974)
- Brij Bihari Nigam: Yoga Power (Dominant Publishers, Delhi, 2001)
- Swami Vivekananda: Jnana Yoga, Bhakti Yoga, Karmayoga, Rajayoga (Advaita Ashrama, Culcutta -200)
- Dr. N.G.Mahadevappa: Yoga Mattu Bharatiya Tattvashastra, Suyoga Prakasana, Chaitanya, 5th Cross Kalyana Nagara, Dharwad-580 007, 2008.

**PAPER-II YOGA AND HEALTH**

Marks: 100

Duration: 3hrs/week

**Unit-I Concept of Health in Yoga**

- 1.1 Yogic concept of mental and physical health.
- 1.2 Concept of Tridosha and Triguna.
- 1.3 Concept of Pan̄cha Kosha.

**Unit II: Nutrients and Yogic Principles of Diet**

- 2.1 Components of food and their classification
- 2.2 Nutrients and importance of nutrients.
- 2.3 Yogic principles of diet, pathya apathya, mitahara

**Unit III: Introduction to Human Body**

- 3.1 Basic knowledge of the structure and functions of nine systems of human body: ie, circulation, nervous, muscular, skeleton, digestive, reproductive, endocrine, cardio-vascular, sensory organ systems.
  - 3.2 Structure and function of cell and tissue. Unit IV: Human Psychology
  - 4.1 Meaning and definition of psychology.
  - 4.2 Mental process: sensation, perception, attention, memory, learning, feeling and emotions.
  - 4.3 Yoga and personality, and its development. Unit V: Yogic Management of Common Disorders
  - 5.1 Yogic management of frustration, conflict and stress.
  - 5.2 Effect of Yogic practices on nine systems of human body.
  - 5.3 Yogic treatment for common disorder. Books for Reference
- Iyengar B.KS: Arogya — Yoga (Kannada) (Himagiri Graphics, Bangalore, 2000)
- Nagarathna R and Nagendra H. R.: Integrated Approach of Yoga Therapy for positive Health (Swami Vivekananda yoga Prakashana, Bangalore, 2001)
- Lajapt Rai And others: Human Food (Anubhava Rai publication, Gurgaon, 1999)
- Gore M.M.: Anatomy and physiology Yogic Practice (Kanchana Prakashana, Lonavala, 2004)
- Shirley Telles : A Glimpse of the human body (Pub : V.I. Yogas, Bangalore, 1995)
- Nadiger A.K. : Shareera Rachane mattu Gundharma Shastra (Kan) (Shareer Shikshan Prakashna, Dharwad, 2000)
- Bhatia H. R.: General Psychology (Oxford & IBH Publishing Co., Calcutta, 1971)
- Sachdeva I.P. : Yoga and depth psychology (Motilal Banarsidas, Delhi, 1978)
- o Nataraj P.1.: Samanaya Mano Vijanan, Vol. I & II (Kannada) (Mysore University, Mysore)
- Nagendra H.R. & Nagaratna .R.: New Perspectives in Stress Management (V.K. yoga Prakashana, Bangalore, 2001)
- Swami Kuvalyananda & Vinekar S.L. : Yogic Therapy (Ministry of Health, Govt of India, New Delhi 1963)
- Swami Satyanada Saraswati: Yogic Management of common diseases (Bihar school of Yoga, munger)
- Nagendra H.R. & Nagaratna .R.: Samagra Yoga Chikitse (Kannada) (Swami Vivekanand Yoga Prakashana, Bangalore, 2000)

Arts

SKE SOCIETY'S  
R.P.D. COLLEGE OF ARTS AND COMMERCE, BELAGAVI  
DEPT. OF PHYSICAL EDUCATION AND SPORTS

NOTICE

**CERTIFICATE COURSE IN YOGA STUDIES**

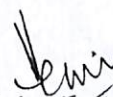
(Affiliated to Rani Channamma University, Belagavi)

This is to inform all the students of SKE Society's Institutions that, the admissions for the Certificate Course in Yoga Studies are open for the academic year 2018-19. Admission fees for SKE Society Institutions staff & students is Rs.2,750/-. The last date of admission is 31<sup>st</sup> of July 2018. For further details contact Shri Deepak Metri in RPD College Office or Shri Ramkrishna N., Dept. of Physical Education and Sports RPD College.

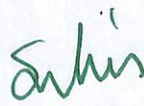
BA III 23/7  
BA II 8  
BA-24v

  
Co-ordinator  
Certificate Course in Yoga Studies  
Rani Parvati Devi College  
Belgaum-590006

B.A. II  
B & C  
B.A. I (B)  
K.M.

  
Principal  
PRINCIPAL  
R.P.D. College of Arts & Commerce  
BELGAUM

  
Co-ordinator  
Certificate Course in Yoga Studies  
Rani Parvati Devi College  
Belgaum-590006

  
PRINCIPAL  
R.P.D. College of Arts & Commerce  
BELGAUM



ವಿದ್ಯಾಸಂಗಮ, ರಾಷ್ಟ್ರೀಯ ಹೆದ್ದಾರಿ - 04, ಬೆಳಗಾವಿ - 591156

ಅನುಬಂಧ-28

( Use separate sheet for each Anneexure)

Name of the Course : Certificate Course in Yoga Studies

**STATEMENT SHOWING THE NUMBER OF STUDENTS ADMITTED IN THE COLLEGE ACADEMIC YEAR 2018-19**

Name of the College : RANI PARVATI DEVI COLLEGE OF ARTS & COMMERCE, BELAGAVI

College Office Phone No: 08312485079

Intake of the Class : 60

Principal Mobile No : 9886225240

College Code : 4217

Co-ordinator Mobile No. 9986108369

E-mail ID : rpd\_principal@rediffmail.com & rpdprincipal@gmail.com

| SL. No. | Name of the Candidate    | Mobile No.               | Aadhar No.   | Gender | Caste | Date of Birth | Date of Admission | Subject Offered            |                      | Qualification | Percentage | Remitted Students Fees Rs. |   |       |
|---------|--------------------------|--------------------------|--------------|--------|-------|---------------|-------------------|----------------------------|----------------------|---------------|------------|----------------------------|---|-------|
|         |                          |                          |              |        |       |               |                   | I                          | II                   |               |            | R                          | O | Total |
| 1       | MAYURI RAMESH KULKARNI   | 9448575925<br>8792237925 | 670884137271 | F      | GM    | 29.11.1996    | 18.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 70.6667    | 480                        | 0 | 480   |
| 2       | MUTALIKDESAI NISHA SHYAM | 8861908868               | 375291315637 | F      | GM    | 22.06.1997    | 18.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 69.2308    | 480                        | 0 | 480   |
| 3       | SANJANA CHINCHNEKAR      | 9945864337               | 604598819075 | F      | II-A  | 08.03.1998    | 19.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 56         | 480                        | 0 | 480   |
| 4       | SHRIGAURI PATIL          | 9606701607               | 548563536433 | F      | GM    | 06.10.1998    | 25.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 61.92      | 480                        | 0 | 480   |
| 5       | ALUR POORNIMA SANGAPPA   | 9164515528               | 442827033152 | F      | GM    | 01.07.1972    | 25.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | B.A.          | 60.6667    | 480                        | 0 | 480   |
| 6       | SAKET RAVIRAJ REVANKAR   | 8762516396               |              | M      | GM    | 03.11.2000    | 30.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 55.8333    | 480                        | 0 | 480   |
| 7       | JUNITA LYNDOH            | 9822907594               | 986226543167 | F      | GM    | 15.06.1999    | 30.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 63.52      | 480                        | 0 | 480   |
| 8       | POORNIMA KODLI           | 8310675762<br>9739050787 | 472264692469 | F      | GM    | 26.04.1989    | 31.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | B.A.          | 71         | 480                        | 0 | 480   |
| 9       | SHREEKALA V.             | 9947554677               | 552367155075 | F      | GM    | 31.05.1969    | 31.07.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 80.4444    | 480                        | 0 | 480   |
| 10      | SHRIDEVI HALAKARNI       |                          | 844087785770 | F      | GM    | 30.08.1985    | 01.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | VOC.EDU       | 63         | 480                        | 0 | 480   |

( Use separate sheet for each Anneexure)

Name of the Course : Certificate Course in Yoga Studies

**STATEMENT SHOWING THE NUMBER OF STUDENTS ADMITTED IN THE COLLEGE ACADEMIC YEAR 2018-19**

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Co-ordinator Mobile No. 9986108369

E-mail ID : rpd\_principal@rediffmail.com & rpdprincipal@gmail.com

| SL. No. | Name of the Candidate        | Mobile No.               | Aadhar No.   | Gender | Caste | Date of Birth | Date of Admission | Subject Offered            |                      | Qualification | Percentage | Remitted Students Fees Rs. |   |       |
|---------|------------------------------|--------------------------|--------------|--------|-------|---------------|-------------------|----------------------------|----------------------|---------------|------------|----------------------------|---|-------|
|         |                              |                          |              |        |       |               |                   | I                          | II                   |               |            | R                          | O | Total |
| 11      | JAI SHAILESH PRABHU          | 8277222215<br>8277222216 | 503555278693 | M      | GM    | 07.07.2003    | 02.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 87.52      | 480                        | 0 | 480   |
| 12      | JADHAV PALLAVI PUNDALIK      | 9972503164               | 233442479031 | F      | III-B | 20.07.1983    | 06.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | B.A.          | 59.0833    | 480                        | 0 | 480   |
| 13      | SHANTARAM BHADWANKAR         | 8867126415               | 449334095429 | M      | GM    | 05.02.1952    | 09.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | VOC.EDU       | 49.8462    | 480                        | 0 | 480   |
| 14      | KULKARNI SMITA AVINASH       | 9480489181               | 269424892596 | F      | GM    | 01.06.1979    | 14.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | B.A.          | 46         | 480                        | 0 | 480   |
| 15      | MANJULA SHEKHAR GOUDAR       | 9620492630               | 641640374319 | F      | GM    | 11.08.1997    | 20.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 49.8333    | 480                        | 0 | 480   |
| 16      | NAGARAJ SHANKAR DURAGANNAVAR | 9019401443               | 343061847058 | M      | CAT-I | 01.09.1993    | 20.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 53.5       | 480                        | 0 | 480   |
| 17      | MAHESH KAREKAR               | 8904809950               | 247459344025 | M      | GM    | 16.09.1988    | 24.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 69.8333    | 480                        | 0 | 480   |
| 18      | CHINNAYYA PUJAR              | 8095849216               | 347376695001 | M      | GM    | 31.07.1989    | 24.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 45.5       | 480                        | 0 | 480   |
| 19      | VIDYA PADALWADKAR            | 7996009730               | 387456923841 | F      | GM    | 31.07.1992    | 29.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 51.84      | 480                        | 0 | 480   |
| 20      | BHIMAPPA GUDENNAVAR          |                          | 470010351735 | M      | GM    | 23.09.1988    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 50.24      | 480                        | 0 | 480   |

( Use separate sheet for each Anneexure)

Name of the Course : Certificate Course in Yoga Studies

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E-mail ID : rpd\_principal@rediffmail.com & rpdprincipal@gmail.com

| Sl. No. | Name of the Candidate           | Mobile No. | Aadhar No.   | Gender | Caste | Date of Birth | Date of Admission | Subject Offered            |                      | Qualification | Percentage | Remitted Students Fees Rs. |   |       |
|---------|---------------------------------|------------|--------------|--------|-------|---------------|-------------------|----------------------------|----------------------|---------------|------------|----------------------------|---|-------|
|         |                                 |            |              |        |       |               |                   | I                          | II                   |               |            | R                          | O | Total |
| 21      | DESHPANDE GANGADHAR ANANTRAO    | 8217073077 | 735758657532 | M      | GM    | 24.10.1981    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | B.A.          | 47         | 480                        | 0 | 480   |
| 22      | GAONKAR POOJA DATTA             | 8805922028 | 629015630164 | F      | GM    | 05.12.1993    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 54         | 480                        | 0 | 480   |
| 23      | RANE SHILPA                     | 8669451037 | 365053051407 | F      | GM    | 18.10.1993    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | PUC-II        | 58         | 480                        | 0 | 480   |
| 24      | HIFAZ AHMED RAJESAHEB SEVANTAGI | 9060842551 | 956762807386 | M      | II-B  | 12.09.1994    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 40.8       | 480                        | 0 | 480   |
| 25      | FAIZAN MANNURWALE               | 9538263320 | 688004803473 | M      | II-B  | 01.09.1994    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 40.32      | 480                        | 0 | 480   |
| 26      | MAHESH RACHANNAVAR              | 8861917404 | 315364457373 | M      | GM    | 14.04.1985    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 39.2       | 480                        | 0 | 480   |
| 27      | SALEEMMALIK MAKTUMHUSAIN MAHUT  | 8050538518 | 975051802011 | M      | II-B  | 20.05.1997    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 63.68      | 480                        | 0 | 480   |
| 28      | MOEZAHAHAMED MULLA              | 8748849262 | 476548395139 | F      | II-B  | 05.12.1994    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 64.16      | 480                        | 0 | 480   |
| 29      | KASHYAP HARI OM                 | 9527086026 | 989251889133 | F      | GM    | 24.07.1996    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 50         | 480                        | 0 | 480   |
| 30      | BASAVARAJ PUNDALIK KITTUR       | 9902160573 | 958711157478 | M      | II-A  | 07.05.1990    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 62.72      | 480                        | 0 | 480   |

( Use separate sheet for each Anneexure)

Name of the Course : Certificate Course in Yoga Studies

**STATEMENT SHOWING THE NUMBER OF STUDENTS ADMITTED IN THE COLLEGE ACADEMIC YEAR 2018-19**

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| SL. No.          | Name of the Candidate       | Mobile No. | Aadhar No.   | Gender | Caste | Date of Birth | Date of Admission | Subject Offered            |                      | Qualification | Percentage | Remitted Students Fees Rs. |   |       |
|------------------|-----------------------------|------------|--------------|--------|-------|---------------|-------------------|----------------------------|----------------------|---------------|------------|----------------------------|---|-------|
|                  |                             |            |              |        |       |               |                   | I                          | II                   |               |            | R                          | O | Total |
| 31               | SHRAVAN KUMAR T.            | 9964567851 | 626740007869 | M      | III-B | 02.12.1999    | 31.08.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 60.48      | 480                        | 0 | 480   |
| 32               | OJAS SOMNATH REVANKAR       | 7022874436 | 267537450102 | M      | GM    | 29.10.1995    | 06.09.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | B.A.          | 70.129     | 480                        | 0 | 480   |
| 33               | MANASHI MAHESH KADWADKAR    | 8546817571 | 738525790093 | F      | GM    | 13.07.2000    | 07.09.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 77.12      | 480                        | 0 | 480   |
| 34               | RAKSHITA MAHABALESHWAR NAIK | 9108802292 | 560812439136 | F      | II-A  | 23.11.2000    | 07.09.2018        | FOUNDATIONS OF YOGA (A010) | YOGA & HEALTH (A020) | SSLC          | 61.76      | 480                        | 0 | 480   |
| <b>TOTAL Rs.</b> |                             |            |              |        |       |               |                   |                            |                      |               |            | 16320                      |   | 16320 |

**NOTE :**

- 1 Since the list of admitted candidates is to prepare in one lot (inclusive of even penalties), the abstract of part wise admissions is also prepared and subitted herewith.
- 2 Certificate by the Principal : This is to certify that, the students admitted as who is above in the list are eligible for the said course and I have personally verified the eligibility conditions. Stipulated by the University, and found satisfactory.
- 3 R = Registration Fees.
- 4 O = Other Fees

College full postal address and contact no.

S.K.E.SOCIETY'S - RANI PARVATI DEVI COLLEGE OF ARTS AND COMMERCE, TILAKWADI, BELAGAVI - 590006

Phone No. 0831-2485079

Co-ordinator

Certificate Course in Yoga Studies

*Signature*

Principal  
Rani Parvati Devi College  
BELGAUM

Signature of the Principal with Seal  
PRINCIPAL Page 4 of 4  
R.P.D. College of Arts & Commerce  
BELGAUM

## CERTIFICATE COURSE IN YOGA STUDIES

Recognized by Govt. of Karnataka and  
Affiliated to Rani Channamma University Belagavi.

### Annual Report

Shri.Ramkrishna N  
Coordinator

I am pleased to present before you a brief report of Yoga Centre of the academic year 2018-19.

The tenth academic year of one year Certificate Course in Yoga Studies. This Course was introduced by the SKE Society in R.P.D. College in 2009-10. In this academic year, 34 students have taken admission, 15 male students and another 19 are female. Regular classes are conducted from August 2018 between 5 and 7 pm.

In 2018-19 annual examination, student's passing percentage is 74%. we congratulate them for their success in their examination.

In association with other institutions of SKE Society, celebrated the 4<sup>th</sup> International Yoga Day on 21<sup>st</sup> June 2018, Thursday. Shri. Amarendra Kanago, Prabhari, Patanjali Yoga Kendra Belagavi District was the chief guest on the occasion; this was followed by a practical demonstration and lecture on yoga by Sri. Amarendra Kanago. Smt. L.A. Kittur, Chairperson of the RPD College Managing committee made her presidential remarks, Sri. Naeem Sheikh, faculty of yoga studies proposed the vote of thanks. Large number of students and staff of all SKE Society institutions took part in the programme.

This year there are three teaching staff members in the department: 1. Shri.Keshav Kulkarni, 2. Dr. Jyoti More and 3. Dr. Apeksha Talwai. Shri. Deepak Metri, Clerk and Shri. Shreenivas Permi, peon are the non-teaching staff members of our department.

I thank Dr.(Smt) Achala Desai, Principal of R.P.D. College, for her guidance and encouragement for conducting the activities of the yoga course and the management members of S.K.E. Society for their guidance and support . I express my sincere gratitude to all my CYS staff in the smooth conduct of the Course throughout the year.

  
(Ramkrishna N)  
Co-ordinator  
Certificate Course in Yoga Studies  
Rani Parvati Devi College  
Belgaum-590006

  
PRINCIPAL  
R.P.D. College of Arts & Commerce  
BELGAUM

2018-19



Yoga Students 2018-19



Yoga Practical Examination

*Suhis*

**PRINCIPAL**  
R.P.D. College of Arts & Commerce  
BELGAUM

**CERTIFICATE COURSE IN YOGA STUDIES**

(Recognized by Govt. of Karnataka and affiliated to Rani Channamma University, Belagavi)

**STUDENTS ADMISSION STRENGTH 2018-19**

College Office Phone No.: 08312485079

College Website : <https://rpdbrgm.edu.in>

Co-ordinator Mobile No. 9986108369

E-mail ID : rpdprincipal@gmail.com

| CASTE        | MALE      | FEMALE    | TOTAL     |
|--------------|-----------|-----------|-----------|
| GM           | 9         | 15        | 24        |
| SC/ST        | 0         | 0         | 0         |
| CAT - I      | 1         | 0         | 1         |
| II - A       | 1         | 2         | 3         |
| II - B       | 3         | 1         | 4         |
| III - B      | 1         | 1         | 2         |
| <b>TOTAL</b> | <b>15</b> | <b>19</b> | <b>34</b> |

**YOGA COURSE RESULT - 2019 EXAM**

| YEAR | Total<br>Appeared | Distn | 1st<br>Class | 2nd<br>Class | Pass<br>Class | Fail | Absent | Pass<br>Percentage |
|------|-------------------|-------|--------------|--------------|---------------|------|--------|--------------------|
| 2019 | 26                | 9     | 11           | 0            | 0             | 2    | 4      | 77%                |


**Co-ordinator**

Certificate Course in Yoga Studies

Rani Parvati Devi College

Belgaum-590006


**Principal**

Rani Parvati Devi College

**BELGAUM**

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RANI CHANNAMMA UNIVERSITY, BELAGAVI

KARNATAKA, INDIA - 591 156.

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STATEMENT OF MARKS

I YEAR CERTIFICATE COURSE IN YOGA STUDIES EXAMINATION  
AUGUST 2019



Register Number

CY181020

Student's Name: MUTALIKDESAI NISHA SHYAM

Mother's Name: RADHA

Father's Name: SHYAM

| Sl. No.     | Subjects / Papers          |     | Theory/Practical |      | I.A/Record/Viva |      | Total |      | Remarks     |
|-------------|----------------------------|-----|------------------|------|-----------------|------|-------|------|-------------|
|             |                            |     | Max.             | Sec. | Max.            | Sec. | Max.  | Sec. |             |
| 01          | FOUNDATIONS OF YOGA        | Th. | 100              | 084  | ---             | ---  | 0100  | 084  | Pass        |
| 02          | YOGA AND HEALTH            | Th. | 100              | 078  | ---             | ---  | 0100  | 078  | Pass        |
| 03          | PRACTICAL TRAINING IN YOGA | Pr. | 100              | 075  | ---             | ---  | 0100  | 075  | Pass        |
| Grand Total |                            |     |                  |      |                 |      | 0300  | 0237 | DISTINCTION |

Total marks secured: TWO HUNDRED THIRTY SEVEN

Min to pass: 40% in Theory, 40% in Practical & 40% in Subject.

[4217] SKES'S RANI PARVATI DEVI COLLEGE OF ARTS AND COMMERCE  
BELAGAVI

04/12/2019

*Ashok Desai*  
Registrar (Evaluation)

*N. S.*  
Co-ordinator

Certificate Course in Yoga Studies  
Rani Parvati Devi College  
Belgaum-590006

*S. S.*  
PRINCIPAL  
R.P.D. College of Arts & Commerce  
BELGAUM

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RANI CHANNAMMA UNIVERSITY, BELAGAVI

Vidyasangama, Belagavi - 591 156, Karnataka, INDIA

## Passing Certificate

*This is to certify that Mr. / Miss. MUTALIKDESAI  
NISHA SHYAM bearing Reg. No.CY181020 has passed the  
CERTIFICATE COURSE IN YOGA STUDIES examination  
held in the month of AUG'19.*

*He /she has secured DISTINCTION and is eligible for the  
award of degree.*

COLLEGE: (4217) SKES'S RANI PARVATI DEVI COLLEGE OF ARTS AND  
COMMERCE, BELAGAVI

DATE: 13/11/2019

PLACE: BELAGAVI



Registrar (Evaluation)

Co-ordinator

Certificate Course in Yoga Studies

Rani Parvati Devi College

Belagavi - 591156

PRINCIPAL

R.P.D. College of Arts & Commerce  
BELAGAVI